



Register Online by 3/15/19 at
www.learntraumaart.com

Trauma Art Narrative Therapy™ Level 1 Training

Montgomery County Community &
Recreation Center
Friday, March 22, 2019
9am-4pm
\$100 includes Lunch



Trauma Art Narrative Therapy (TANT) is a non-interpretive creative narrative cognitive exposure technique that provides trauma resolution and is beneficial for:

- > Reducing intrusive symptoms, depression and anger from a traumatic stress exposure
- > Integrating verbal and nonverbal aspects of traumatic stress exposure
- > Providing resolution to traumatic experiences

Training Includes:

- Principles of TANT, clinical examples, research findings
- Experiential TANT practice session
- TANT+ Resiliency Tool
- Workbook provided with step by step guide for applying TANT method

Target Audience: Mental, Behavioral Health & Substance Abuse Professionals, Providers, and Clinicians

This training will be provided by Sarah Rhodes, MS, TANT Senior Trainer & Technical Assistance Manager.

The TANT Method was created & developed by Lyndra J. Bills, M.D.



For information about continuing education credit available through Commonwealth Educational Seminars, please see www.learntraumaart.com