



Register Online at

www.learntraumaart.com

<http://www.learntraumaart.com/event/liu-april-28/>

Trauma Art Narrative Therapy™ Level 1 Training

Long Island University

CW Post Campus- Patron's Lounge

Tilles Center of LIU Post

Friday, April 28, 2017 9am-4pm

\$95 includes lunch

Parking is in the Tilles Center Parking Lot

<http://tillescenter.org/visit/>

Trauma Art Narrative Therapy™ (TANT) is a non-interpretive creative narrative cognitive exposure technique that provides trauma resolution and is beneficial for:

- > Reducing intrusive symptoms, depression and anger from a traumatic stress exposure
- > Integrating verbal and nonverbal aspects of traumatic stress exposure
- > Providing resolution to traumatic experiences

Training Includes:

- Principles of TANT, clinical examples, research findings
- Experiential TANT practice session
- TANT+ Resiliency Tool
- Workbook provided with step by step guide for applying the TANT method and All workshop materials
- Ability to complete TANT Level One Certification



Lyndra J. Bills, MD, is a board certified psychiatrist. She completed a PTSD fellowship as part of an internal medicine/psychiatry residency at West Virginia University. Dr. Bills began developing and using Trauma Art Narrative Therapy in 1993 as a way to help individuals process traumatic events. She is Regional Medical Director for Community Care Behavioral Health. Dr. Bills has extensive experience using the Sanctuary Model of trauma-informed care in order to reduce violence.

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CEU's for SW, RN and PhD available

