

# Trauma Art Narrative Therapy™

## Level I Certification Training

Certification test available online after completion of training



**Trauma Art Narrative Therapy™ (TANT)** is designed to help resolve trauma-based symptoms and behaviors in order for individuals who have experienced trauma to move on to the next step in their healing. This workshop will provide the theory and principles of TANT, numerous clinical examples, research findings, and an experiential TANT practice session. Participants will also learn how the TANT method can be used to support resilience using TANT+. A workbook is provided and it includes presentation material as well as a step-by-step guide for applying the TANT method.

**Thursday, October 13, 2016**

**9:00am—4:30pm (check in 8:30am)**

**SeWyCo Social Hall**

**Kenny Headman Lane, Bethlehem, PA 18015**

**\$89\*\* registration fee due September 30, 2016**

**Morning refreshments/lunch included in cost of registration**

**Register online:**

**[www.learntraumaart.com/event/tant-october-2016](http://www.learntraumaart.com/event/tant-october-2016)**

**Questions? Call (215) 538-3403**



**Lyndra J. Bills, MD**, is a board certified psychiatrist. She completed a PTSD fellowship as part of an internal medicine/psychiatry residency at West Virginia University. Dr. Bills began developing and using Trauma Art Narrative Therapy in 1993 as a way to help individuals process traumatic events. She is Regional Medical Director for Community Care Behavioral Health. Dr. Bills has extensive experience using the Sanctuary Model of trauma-informed care in order to reduce violence.

**TANT** is a non-interpretive creative narrative cognitive exposure technique that provides trauma resolution and is beneficial for:

- Reducing intrusive symptoms, depression and anger from a traumatic stress exposure
- Integrating verbal and nonverbal aspects of traumatic stress exposure
- Providing resolution to traumatic experiences.

**Sponsored by:**



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**\*\*6.0 CE's (payable in addition to registration fee, directly to NASW-PA) available for:**

**Social Workers, Professional Counselors and Marriage and Family Therapists**

**\$15 for members of NASW-PA**

**\$25 for non-members**